

AGENDA / SPEAKERS

THE PROGRAM SCHEDULE AND LECTURERS ARE ACCURATE AS OF PRINTING TIME.
WE RESERVE THE RIGHT TO MAKE CHANGES. ANY SUCH CHANGES WILL BE ANNOUNCED
AT THE CONFERENCE.

Morning Moderator:

Mary Ann Whelan Gales DNP, AGACNP-BC, CCRN

8:00 AM

Welcome & Opening Remarks

Beth Oliver, DNP, RN, FAAN

8:05 AM

Utilizing Technology To Enhance Nursing Practice

Beth Oliver, DNP, RN, FAAN

8:30 AM

Evaluation of Chest Pain with Non-Obstructive CAD in the Cath Lab in 2023

Joseph Sweeny, MD, FACC

8:55 AM

What's New and What's Coming in Lipid Management

Robert Rosenson, MD, FACC, FACBP, FAHA, FNLA

9:20 AM

CGM, Continuous Glucose Monitoring, Becoming the Standard of Care In Diabetes Management

Janet Johnson, DNP

9:45 AM

Best Practices in Treating AS Patients; Collaborative Work of the Heart Team

HyoJin Kang, MSN, APRN, AGNP-C

10:10 AM - 10:30 AM

BREAK

10:30 AM

Atrial fibrillation. Management In A Nutshell

Yury Malyshev, MD

10:55 AM

Personalized Cardiovascular Care Through Genetic Diagnostics

Amy Kontorovich, MD

11:20 AM

Heart Failure Guideline Updates

Jennifer Ullman, NP

Program Coordinators

Lauren Dela Cruz DNP, AGACNP-BC, CCRN Tracy Bertiz DNP, ACNP-BC, CHFN

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Carol Abesamis DNP

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11:45 AM - 1:00 PM

LUNCH & DNP Poster Exhibits

Afternoon Moderator:

Tanya Sullivan DNP RN, ANP BC

1:00 PM

Building and Strengthening Your Professional Identity Through Publication

Keynote Speaker:

Carl A. Kirton, DNP, MBA, RN, ANP

1:35 PM

Novel Application for Multi-Disciplinary Clinical STEMI Workflow optimization

Derek Pineda, FNP AACC

2:00 PM

Tetralogy of Fallot in Adult Congenital Heart Disease- Repaired Is Not Fixed

Alice Chan, DNP, AG-ACNP, CCRN, CHFN

2:25 PM

Beyond the ASCVD Risk Calculator"

Theresa Halloran, FNP-BC

2:50 PM

Empowering Clinicians with AI: A Journey Through the Advancements in Health Care

Arash Kia, MD, M.Sc

3:15 PM

Cardiometabolic Risk Factor Optimization: Focusing on Weight Management

Icirma Fergus, MD, FACC

3:40 PM

Closing Remarks & Raffle

Thomas Geramita PA-C



Mount
Sinai
Heart

CARDIOLOGY

NURSE PRACTITIONER SYMPOSIUM

NOVEMBER 3
2023



PROGRAM OVERVIEW

The program is specifically designed to provide nurse practitioners (NPs) with the latest advancements and insights in the field of cardiology. It is also designed to enhance current knowledge about cardiovascular diseases that can be integrated into daily practice. Throughout this symposium, we will provide clinicians with evidence-based approaches regarding current concepts of diabetes treatment, lipid and weight loss management, incorporating technology including STEMI application and artificial intelligence to advance healthcare. Other topics include evaluation of chest pain with nonobstructive coronary artery disease, HF guidelines and atrial fibrillation management, congenital heart disease, and the role of genetics in cardiology. We will also include a guest key speaker who will highlight the importance of publishing professional achievements. Moreover, we will allow time for the audience to explore a wide array of nurse practitioner projects that will showcase innovative studies and evidence-based interventions.

Join us for this enlightening symposium, where you will gain valuable knowledge, enhance your clinical skills and be at the forefront of cutting edge developments in cardiology. We look forward to welcoming you to the Mount Sinai Hospital Cardiology NP Symposium!

PROGRAM OBJECTIVES

This conference will teach nurse practitioners and other members of the healthcare team to understand common cardiovascular diseases. Attendees will learn about the latest medical therapies for certain heart disease and advances in managing common clinical cardiovascular conditions.

LEARNING OBJECTIVES

- Understand the role of continuous glucose monitors
- Understand the current and up to date lipid-lowering guidelines
- Understand the clinical manifestations, diagnostic approaches and treatment for atrial fibrillation
- Understand the interventions for rate and rhythm control and non pharmacological interventions
- Understand the role of technology to strengthen nursing practice
- Understand the future role of AI in healthcare
- Identify future perspectives and emerging trends in AI research
- Understand the underlying mechanisms of heart failure
- Recognize evidence based treatment guidelines for heart failure
- Understand the management of AS (medical, surgical, and trans-catheter therapies)
- Learn the interdisciplinary team involved with TAVRs
- Recognize the role genetics play in cardiovascular disease
- Recognize the impact of repaired Tetralogy of Fallot in adults
- Understand the impact of weight loss on reducing cardiovascular disease
- Learn the updated atrial fibrillation guidelines for stroke prevention
- Understand the management of nonobstructive CAD
- Learn the importance of publication of one's work as a healthcare professional

FACULTY DISCLOSURE

It is the policy of The Icahn School of Medicine at The Mount Sinai Hospital to ensure objectivity, balance, independence, transparency, and scientific rigor in all sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship.

Presenters must also make a meaningful disclosure to the audience about their discussion of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

TARGET AUDIENCE

This course is designed for Nurse practitioners, Nurses, Nursing Students, Physicians, Physician Assistants, educators and other health care professionals interested in the care of patients with cardiovascular disease. This course is specifically designed to enhance and enrich the current knowledge about the prevention, intervention and management of Cardiovascular disease.

Presentations will provide participants a platform for knowledge exchange, professional development and networking opportunities to enhance their skills, knowledge and expertise in the field of cardiology. Lectures will address key strategies for sustaining an evidence based practice in clinical and the health care System.

REGISTRATION INFORMATION

Event Location - The Mount Sinai Hospital, 1468 Madison Ave., Stern Auditorium

Space is limited so early registration is advised.

Register online at www.mountsinaiheartnp.org (Visa, Mastercard or Amex accepted)

ONLINE REGISTRATION FEES ON OR BEFORE OCTOBER 6, 2023

\$50- Nurse Practitioners, Physicians, Physician Assistants and Nurses
\$25- Mount Sinai Staff, Mount Sinai Affiliates, Students including (Nursing, Advance Practice Nursing, Physician Assistant/Medical)

ONLINE REGISTRATION FEES AFTER OCTOBER 6, 2023

\$75- Nurse Practitioners, Physicians, Physician Assistants and Nurses
\$50- Mount Sinai Staff, Mount Sinai Affiliates, Students including (Nursing, Advance Practice Nursing, Physician Assistant/Medical)

Registration Fee includes: Breakfast, Break, Lunch and Raffle

Refunds

Cancellations will be accepted until October 27, 2023 and will be subjected to a \$25.00 Cancellation fee. There will be no refund of fee for cancellations received after that date.

Powerpoint presentations will be available at www.mountsinaiheartnp.com within one week of completion of the conference. However, due to proprietary restrictions, not all presentations may be available, practices under advisement at that time.

COVID-19 Health & Safety Statement

An inherent risk of exposure to COVID-19 exists in any public place where people are present. By registering for this event, you and your organization's attendees are acknowledging these risks.

Federal, State, and Local requirements for large gatherings along with prevailing best practices will be monitored closely and followed at the conference. This may include proof of vaccination, masks or other best practices under advisement at that time.

CALL FOR ABSTRACTS: DNP GRADUATES

We are delighted to invite recent DNP graduates and/or scholars to submit an abstract for consideration for poster presentation during our Cardiology NP Symposium. The symposium aims to bring together passionate and knowledgeable nurse practitioners. We intend to showcase your expertise and research findings, which hold immense value to our communities. Please submit an abstract, with no more than 500 words, that includes background, methods, results, and conclusion/implications. A maximum of 20 abstracts will be accepted for poster presentation. The deadline for abstract submission is 10/1/2023

ACCREDITATION

This education activity is pending approval by the American Association of Nurse Practitioners of up to 7.0 total contact hours with 2.6 accredited pharmacology content. This program was planned in accordance with AANP CE Standards and Policies.